

Waterhouses Medical Practice

Nursing Team

Nurse Practitioner Alison Hawley

(In addition to her role described overleaf)

- ✦ Smoking cessation
- ✦ Hypertension monitoring
- ✦ Coronary heart disease monitoring
- ✦ Asthma
- ✦ Exercise on prescription
- ✦ Travel clinic
- ✦ General practice nurse duties eg dressings

Nurse Ann Strang (based at Alton Primary Care Centre)

- ✦ Diabetes
- ✦ Walk-in clinic: weight / blood sugar checks
- ✦ Smoking cessation
- ✦ Family planning
- ✦ General practice nurse duties eg dressings

Barbara Williams, Healthcare Support Worker

- ✦ Blood tests
- ✦ New patient health checks
- ✦ Elderly health checks
- ✦ Blood pressure
- ✦ INRs

WAYS TO ORDER YOUR REPEAT PRESCRIPTION

- Complete the white slip and leave it at either surgery
- Phone the dispenser between 9.00am and 1.00pm
- Email your order to prescriptions@waterhouses.net
- Fax your order to 01538 308653

Waterhouses Medical Practice



NURSE
PRACTITIONER
ALISON HAWLEY
RGN, BSc Hon,

Alison Hawley

RGN, BSc Hons

In addition to her general nursing training, Alison has undertaken extensive further education enabling her to assess, diagnose and treat certain conditions and minor illnesses

WHAT IS A NURSE PRACTITIONER?

Nurse Practitioners are experienced nurses who, through further education and specialist training, have developed their skills and knowledge in order to offer extended services to patients.

While not being a replacement for doctors, they can provide nursing services that incorporate some aspects of care previously provided by doctors.

WHAT CAN A NURSE PRACTITIONER DO?

- ✦ Take a history of your health problem and perform a physical examination.
- ✦ Diagnose and treat minor illnesses and common health problems
- ✦ Prescribe a wide range of medications.
- ✦ Manage long term illnesses such as asthma and coronary heart disease, offering support and education about the condition.
- ✦ Offer telephone advice about minor illnesses, health problems and medication.
- ✦ Treat minor injuries.

THE NURSE PRACTITIONER CAN TREAT AND PRESCRIBE FOR:

- ✦ Coughs and sore throats
- ✦ Ear ache/ear problems
- ✦ Eye problems
- ✦ Skin problems/infections
- ✦ Wound infections
- ✦ Head lice
- ✦ Threadworms
- ✦ Female problems
- ✦ Emergency contraception
- ✦ Cystitis/urinary problems
- ✦ General health queries

HOW CAN YOU CONTACT THE NURSE PRACTITIONER?

- ✦ Alison is available from 8.00am till 4.00pm on Mondays, Tuesday and Fridays.
- ✦ On Mondays and Tuesdays she is at Waterhouses surgery all day.
- ✦ On Fridays Alison is at the Alton surgery from approximately 9.30am to 11.30am, and at Waterhouses surgery for the rest of the day .
- ✦ Phone either Waterhouses (01538 308207) or Alton (01538 704220) during these times and ask to speak to Alison.
- ✦ If she is not available you will be asked to leave a contact number and she will call you back.



If you give the Practice a telephone number please make sure it does not have the "Anonymous Call Reject" service.

If relevant please give either a mobile or work number; it makes our job a lot easier!

The outgoing numbers in the surgery are "withheld numbers".